

Personal Information	
Name:	
Address:	
Phone: Home:	Cell:
Email:	Best time to reach you?
What is the best way to reach you?	
Life/Occupational Experience:	

an provide	Services	Please circle days available
	Transportation	S M T W Th F S
	Assistance with home tasks	S M T W Th F S
	Limited home maintenance	S M T W Th F S
	Gardening advice and help	S M T W Th F S
	Planning and organizing social and	S M T W Th F S
	educational events	
	Technology assistance with computers	S M T W Th F S
	Friendly phone calls and/or visits	S M T W Th F S
	Fundraising	S M T W Th F S
	Help in office with mailings and creating	S M T W Th F S
	lists	
	Enter data into the database	S M T W Th F S
	Assist with newsletter	S M T W Th F S
	Assist with communication and publicity	S M T W Th F S
	Outreach to community	S M T W Th F S
	Member Recruitment	S M T W Th F S
	Events	S M T W Th F S

Hours/Schedule you prefer to volunteer
What would you like to do as volunteer if not listed above?