



NEW ROCHELLE CARES AIP INC.

PO Box 91 Wykagyl Station
New Rochelle, NY 10804
914-563-8368

December 2018 Activities

MEMBERS

NEED A RIDE

FOR ANY PROGRAM?

Contact: NRC-AIP at 914-563-8368

Give the Gift of Knowledge – When you share this information with those you know, tell them that it came from New Rochelle Cares – Aging in Place.

Saturdays, December 1, 8, 15

10:00 AM – 12 NOON, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

Monday, December 3

1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805

Tree Trimming Party/Menorah Lighting – Join in putting up holiday decorations. Bring an ornament to hang on the tree. Hot chocolate and holiday cookies will be served and there will be a holiday sing-along. Parks Pass required

1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805

Movie - GOING IN STYLE with Morgan Freeman, Michael Caine, Alan Arkin. Three elderly friends and retired steelworkers are outraged to learn that their pension fund has been raided by a shady corporation. Soon, they decide to rob one of the corporation's banks to get their money back in this rousing crime comedy. Running time: 1h 36m PG-13 Admission is free but requires a valid Park PassPort. Suggested donation: \$1.

Mondays, December 3, 17, 31

10:45 AM – 12 NOON, Temple Israel, 1000 Pinebrook Blvd., New Rochelle, NY 10804

STARS (Seniors Together at Retirement) – Zumba

Tuesday, December 4

12:30 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805

Older Driver Safety Program presented by Westchester County Department of Senior Programs and Services. (Not a Defensive Driving class). Parks Pass required.

Tuesday, December 4

10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale, NY 10583

STEM: Science, Technology, Engineering, Math for Adults (Part 2 of 4)

NASA Space Science: Journey To The Moon & Beyond. Explore how astronauts eat, sleep and work on the International Space Station. We will discuss the engineering marvels of space shuttles and how they helped the ISS that still inspire us for the future of space habitats on Mars. Senior Passport or \$8

12:30 PM – 1:30 PM, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale, NY 10583

Adult Coloring: \$3 per class for materials (For non-passport holders)

5:00 PM – 6:30 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

Introduction to Microsoft Word

Tuesdays, December 4, 11

5:00 PM – 6:30 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

Introduccion al Uso de Microsoft Word

Wednesday, December 5

10:00 AM – 11:00 AM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805

Webinar: Fall Prevention. One in three older adults older than age 65 fall each year, but fewer than half will bring it to the attention of a healthcare professional. Learn the signs that an older adult may be at risk for falling and simple and practical solutions on how to reduce the risk of falls in the home. Register now for FREE at <https://www.asaging.org/web-seminars/fall-prevention> All webinars are made possible through a collaboration between American Society on Aging and Home Instead Senior Care. If you would like to see other webinars, please visit their website at <https://www.asaging.org/web-seminars>
Sing Your Heart Out

Wednesdays, December 5, 16

12 NOON – 1:30 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

Brown Bag Book Discussion

Wednesdays, December 5, 12, 19

10:00 AM – 6:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

Health Care Navigators

Thursday, December 6

10:00 AM - 11:30 AM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

Computer Basics II: Explore the Internet

10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale, NY 10583
Hannukah Celebration! ENGAGE in Song: Jewish Service Corps Westchester will perform, and lead us in a sing along. LUNCH will be served: RSVP by December 3 914-472-3300 x0 Senior Passport or \$8

3:00 PM - 4:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801
NRPL Main Library - Ossie Davis Theater
Local History Presentation: "Westchester County: A History"

Friday, December 7

1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805
Senior Meeting. All New Rochelle Seniors are invited to the monthly Senior Citizen meeting held the first Friday of each month. You will learn about the programs and events available to you and have the opportunity to provide input and share your own activity suggestions. There are a variety of guest lecturers, up-to-date Medicare information, a 50/50 raffle and refreshments.

Fridays, December 7, 14, 21

10:00 AM – 1:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801
Senior Benefits Information Center

Saturday, December 8

12 NOON – 3:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805
Hugh Doyle Holiday Luncheon with music and lunch. Entertainment will include performances by dancers from Dance Connection and music from DJ Swingzooti. Cost is \$10 with a Parks Pass and \$20 for guests. Call Mary Ellen at 914-235-2363

Sunday, December 9

2:00 PM - 3:45 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801
Live Performance: Young Musician's Concert

Monday, December 10

1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805
Movie — BILLIONAIRE BOYS CLUB with Taron Egerton and Emma Roberts. In early 1980's Los Angeles, rich boys led by Joe Hunt hit it big with a Ponzi scheme. Things go horribly wrong for all involved when they learn they've been betrayed by their investor, high roller Ron Levin, leaving Hunt owing a lot of money to a lot of people. Running time: 1h 48m R. Admission is free but requires a valid Park PassPort. Suggested donation: \$1.

Mondays, December 10, 24

10:45 AM – 12 NOON, Temple Israel, 1000 Pinebrook Blvd., New Rochelle, NY 10804
STARS (Seniors Together at Retirement) – Yoga

Tuesday, December 11

9:00 AM – 11:00 AM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801
Free Legal Assistance by Pace Women’s Justice Center

10:30 AM – 12:30 PM, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale, NY 10583

How Luck Happens Luck occurs at the intersection of chance, talent and hard work. Hear from New York Times best-selling author, Janice Kaplan, on using the science of luck to transform work, love, and life. Senior Passport or \$8

Thursday, December 13

10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale, NY 10583

The Constitution (Part 2 of 3). An interactive class on the Constitution. Discussion with educator David Hershberg. Senior Passport or \$8

1:00 PM – 3:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

New Rochelle Cares AIP Holiday Party in the Community Room

Friday, December 14

10:00 AM – 12 NOON, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

How to Scan Documents and Upload Photos

Sunday, December 16

3:00PM – 4:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

Sing Your Heart Out Concert

Monday, December 17

1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle, NY 10805

Movie — THREE IDENTICAL STRANGERS This documentary re-examines the much-publicized 1980 reunion of a long-lost New York triplets Bobby Shafran, Eddy Galland, and David Kellman. After reliving the heart-warming serendipity of their chance reunion, attention pivots to the question of why the triplets were raised by separate families with no knowledge of each other's existence. Running time: 1h 36m PG-13. Admission is free but requires a valid Park PassPort. Suggested donation: \$1.

Tuesday, December 18

10:30 AM – 1:30 PM, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale, NY 10583

Film Series: Rising To The Challenge (Part 3 of 5) with Professor Val Franco “The Big Sick”. Followed by Bagels & Discussion. Senior Passport or \$15

5:15 PM - 7:30 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle, NY, 10801

ESL Registration (Sponsored by Westchester Community College)

Thursday, December 20

10:30 AM – 1:30 PM, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale, NY 10583

“The Great American Songbook: American Standards” (Part 1 of 3)

Popular and enduring melodies from the 1910s – 1950s. Multimedia presentation by Richard Knox. Senior Passport or \$8

For Your Information

Tuesdays and Fridays

8:00 AM – 10:00 AM

Mall Walking at the Westchester in White Plains

The Westchester Mall in White Plains is open for indoor walking every Tuesday and Friday. Admission is free and parking is validated. **To join**, sign up at the Horse Fountain Plaza, near Crate & Barrel, on Retail Level Two.

For more information, call the Westchester County Parks Department at 914–231–4645

New Rochelle Park Passport (Formerly Omnicard)

Overview. The **Park Passport** is New Rochelle Parks and Recreation’s photo identification card. It is required for individuals who wish to use **Hudson Park and Beach, Five Islands Park, Davenport Park, Cameron Dock, Sharkey Park, Neptune Park, Lincoln Park**, and for those seniors who wish to participate in the activities at the **Hugh A. Doyle Senior Center**. The **Park Passport** is valid from January through December.

Requirements. The **Park Passport** requires photo identification and proof of residency. Proof of residency is 2 permanent items that show applicants name and address, i.e. driver’s license, vehicle registration, utility bill, tax statement lease, and or rent receipt.

Fees. The fee for a **Senior Resident** aged 62 plus is **\$40.00** for a **5-year** card.

Contact. For more information and application: **The New Rochelle Parks and Recreation Department**. City Hall 515 North Avenue, **914–654–2087**.

Hugh A. Doyle Senior Center

Hugh Doyle Center 94 Davis Avenue New Rochelle, 914–235–2363

The multi-services Center is open Monday through Friday from 8:30 am to 4:30 p.m. Programs include a full range of social, educational, and recreational activities. Classes are offered in the following areas: Arts and crafts, choral singing, dancing, exercise, gardening, painting, clay arts, card playing. The Senior Center also offers games such as mah-jongg, bingo, and pool.

Professional speakers lecture on various topics in the areas of health, consumerism, and nutrition.

***Senior Passports**

JCC of Mid–Westchester for all events. Senior Passports are available for seniors 65 and older attending our daytime programs.

Senior Passports are available for purchase as follows:

- \$180 for a gold 10 month Passport (Sept-June)
- \$150 for a silver 7 month passport (Sept-Nov & Mar-June)
- \$15 per day-time “FILM” for non passport holders
- \$8 per day-time program for non passport holders
- \$10 per day-time Sunday programs for non-passport holders

Senior Passports can be purchased online at www.jccmw.org/adults/senior-connections/ or by calling the Wilmot JCC front desk at 914–472–3300.

Passports are non–transferable. **For the WJC, the fee is \$15 per day time program for non–passport holders.** All ticket sales are final and payable in one or two installments. **For more information, please contact Phyllis Kelly at 914.472.3300 ext. 423 or kellyp@jccmw.org**

Westchester County Office for Women

Robin Schlaff, Director. 112 East Post Road, Room 110B, White Plains

Providing Services: Domestic Violence Council, Hispanic Outreach, Women’s Advisory Board

Hotline/Helpline	914–995–5972
Spanish Speaking, White Plains	914–995–6581
After Hours and Weekends	914–995–2099

For more information about programs and services visit <http://westchestergov.com/women>

Westchester County Family Justice Center

Room 1–150 Courthouse Annex. 111 Dr. Martin Luther King, Jr. Blvd., White Plains

Open Monday – Friday, 9 AM to 4:30 PM 914–995–3100

Free, confidential services for victims of Domestic, Partner and Dating Violence, Sexual Assault, Stalking and Elder Abuse. Spanish and multi–language interpretation available.

Walk–ins welcome.