



**NEW ROCHELLE CARES AIP INC.**

PO Box 91 Wykagyl Station  
New Rochelle  
914-563-8368

**January 2019 Activities**

**MEMBERS**

**NEED A RIDE**

**FOR ANY PROGRAM?**

Contact: NRC-AIP at 914-563-8368

We invite you to eat lunch with other NRC-AIP members on Monday, January 14<sup>th</sup>  
12:30 PM – 2:00 PM, at Caridad & Louie's Restaurant, 241 North Avenue, New Rochelle

**Wednesdays, January 2, 9, 16, 23**

**10:00 AM – 12 NOON, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Fundamentals of Microsoft Excel**

**Thursday, January 3**

**10:00 AM – 11:30 AM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Computer Basics I: Getting Started**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

**The Constitution (Part 3 of 3).** An interactive class on the Constitution with educator David Hershberg. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to [kellyp@jccmw.org](mailto:kellyp@jccmw.org). In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**Friday, January 4**

**1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**SENIOR MEETING** - Learn about the programs and events available you, provide input and share your own activity suggestions. There are a variety of guest lecturers, up-to-date Medicare information, a 50/50 Raffle and refreshments.

**Fridays, January 4, 11, 18, 25**

**10:30 AM – 11:30 AM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**YOGA** Taught by Oudi Arroni, this class of seated Yoga offers stretching, breathing and meditation. An excellent way to end a busy week.

**Saturday, January 5**

**2:00 PM – 4:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**  
**Mahjong for Beginners**

**Sunday, January 6**

**4:00 PM – 5:30 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**  
**Three Kings Day Event w/ Calpulli Mexican Dance**

**Monday, January 7**

**10:45 AM – 12 NOON, Temple Israel, 1000 Pinebrook Blvd., New Rochelle**  
**Yoga**

**1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**Movie - RICH CRAZY ASIANS with Constance Wu and Awkwafina. Chinese-American New Yorker Rachel travels to Singapore with her boyfriend Nick to attend his best friend's wedding only to discover he comes from one of Asia's most wealthy, prominent families. Running time: 2 hr PG –13**

**Mondays, January 7, 14, 28**

**10:30 AM – 11:30 AM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**BELLY DANCING Taught by Aszmara Sherry, this class is excellent for balance, flexibility and memory. A valid New Rochelle Park Passport is required for participation. There is a suggested donation of \$1.00 payable on day of class.**

**Tuesday, January 8**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

**The McCarthy Era. Discussion lead by Marty Alpert. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to kellyp@jccmw.org. In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.**

**1:00 PM – 3:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Free Legal Assistance w/ Pace Women's Justice Center**

**Tuesdays, January 8, 15, 22, 29**

**10:30 AM – 11:30 AM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**SENIOR EXERCISE Taught by James Robinson, this seated class emphasizes strength training through the use of exercise bands. A valid New Rochelle Park Passport is required for participation. There is a suggested donation of \$1.00 payable on day of class.**

**Tuesdays, January 8, 22**

**5:00 PM – 6:30 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Introduccion al Uso de Microsoft Word**

**Wednesdays, January 9, 16, 23, 30**

**10:45 AM – 11:45 AM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**STAY STRONG AND FIT** Taught by Offutt Porter, this “Boot-Camp” style class offers an energetic workout which can be done both seated or standing depending on your ability. A valid New Rochelle Park Passport is required for participation. There is a suggested donation of \$1.00 payable on day of class.

**1:15 PM – 2:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Lunchtime Yoga**

**Thursday, January 10**

**10:00 AM – 11:30 AM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Computer Basics II: Explore the Internet**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

**Walk On The Wild Side.** Susan Teltzer Schwartz will give a talk on reviving birds in Central Park. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to [kellyp@jccmw.org](mailto:kellyp@jccmw.org). In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**Thursdays, January 10, 17, 24, 31**

**10:30 AM – 11:30 AM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**DANCERCIZE** Taught by Linda Andrews from the Dance Connection, this standing class works on movement, balance and stamina and has a great sound-track. A valid New Rochelle Park Passport is required for participation. There is a suggested donation of \$1.00 payable on day of class.

**Fridays, January 11, 18, 25**

**10:00 AM – 1:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Senior Benefits Information Center**

**Monday, January 14**

**12:30 PM – 2:00 PM, Caridad & Louie’s Restaurant, 241 North Avenue, New Rochelle**

**Come eat lunch with other *New Rochelle Cares – AIP* members.**

**1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**Movie - LITTLE ITALY** with Hayden Christensen and Emma Roberts. A young chef falls in love with the son of her father's long-time business rival in Little Italy. When their secret romantic relationship is discovered by their warring families, they agree to use a pizza cook-off to decide which family will have to relocate. Running time 1h 42m R

**Mondays, January 14, 28**

**10:45 AM – 12 NOON, Temple Israel, 1000 Pinebrook Blvd., New Rochelle**

**Zumba**

**Tuesday, January 15**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

Arts & Talks Film “Laces” (90 minute, drama in Hebrew with English subtitles  
“Laces” tells the story of a complicated relationship between an aging father and his special-needs son, whom he abandoned while he was still a young boy. Through the film’s portrayal of a relationship full of love, rejection and codependency, it manages to shed some light and question the importance of human life and human connection and if life is even possible without either one. Followed by Discussion. Senior Passport or \$12. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to kellyp@jccmw.org. In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**12:30 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**PEDESTRIAN SAFETY @ presented by WCDSP&S**

**Tuesdays, January 15, 29**

**5:00 PM – 6:30 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Introduction to Microsoft Word**

**Wednesday, January 16**

**12 NOON – 1:30 PM, New Rochelle Public Library, NRPL Main Library**

**3rd Floor Computer Lab, 1 Library Plaza, New Rochelle**

**Brown Bag Book Discussion**

**Wednesdays, January 16, 23, 30**

**10:00 AM – 6:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Health Care Navigators**

**Thursday, January 17**

**10:00 AM – 11:30 AM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Computer Basics III: Email**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

The Real Lolita: The Kidnapping Of Sally Horner and how it inspired Vladimir Nabokov’s classic novel, Lolita. Writer of crime novels, author Sarah Weinman has written for The NY Times and The Washington Post. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to kellyp@jccmw.org. In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**Friday, January 18**

**10:00 AM – 12 NOON, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**How to Scan Documents & Upload Photos**

**Saturday, January 19**

**11:00 AM – 12:15 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**  
**African Dance Workshop (for Children/Families)**

**Tuesday, January 22**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

Honoring Martin Luther King with Professor Kristopher Burrell. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to [kellyp@jccmw.org](mailto:kellyp@jccmw.org). In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**Thursday, January 24**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

“A Moment Of Brilliance: The Avant-Garde in Vitebsk, 1918-1922”. Jewish Museum Docent, our very own Judy Schmeidler brings the Jewish Museum exhibit to the JCC. Learn about Chagall, Lissitzky, and Malevitch. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to [kellyp@jccmw.org](mailto:kellyp@jccmw.org). In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**Monday, January 26**

**1:00 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

Movie — SEARCHING with Joseph Lee, Michelle La & Sara Sohn. A father spirals down an unnerving internet rabbit hole to find his missing daughter in this laptop thriller. Their seemingly idyllic family life in San Jose unravels as he makes increasingly disturbing discoveries about his daughter's secret online activities. Running time: 1h 41m PG-13

**Tuesday, January 29**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

Short Stories, Tall Tales. Discussion led by Carol Flicker & Terri Rosenbaum. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to [kellyp@jccmw.org](mailto:kellyp@jccmw.org). In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**Thursday, January 31**

**10:30 AM – 12 NOON, JCC of Mid-Westchester, 999 Wilmot Rd., Scarsdale**

Latina and Jewish: A Personal Perspective from the Director of Latin American Affairs at the ADL. Senior Passport or \$8. For the Senior Passport, please contact: Phyllis Kelly at (914) 472-3300 ext 423 or email to [kellyp@jccmw.org](mailto:kellyp@jccmw.org). In case of inclement weather, please call: (914) 472-3300 ext 113 for updates.

**12:30 PM, Hugh Doyle Center, 94 Davis Avenue, New Rochelle**

**WINTER WONDERLAND, celebration of winter with refreshments @ 12:30p.**

**Thursday, January 31**

**6:00 PM – 8:00 PM, New Rochelle Public Library, 1 Library Plaza, New Rochelle**

**Online Storage Basics: Access your files from anywhere**

## **For Your Information**

**Tuesdays and Fridays**

**8:00 AM – 10:00 AM**

**Mall Walking at the Westchester in White Plains**

The Westchester Mall in White Plains is open for indoor walking every Tuesday and Friday. Admission is free and parking is validated. **To join**, sign up at the Horse Fountain Plaza, near Crate & Barrel, on Retail Level Two.

*For more information, call the Westchester County Parks Department at 914–231–4645*

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## **New Rochelle Park Passport (Formerly Omnicard)**

**Overview.** The **Park Passport** is New Rochelle Parks and Recreation’s photo identification card. It is required for individuals who wish to use **Hudson Park and Beach, Five Islands Park, Davenport Park, Cameron Dock, Sharkey Park, Neptune Park, Lincoln Park**, and for those seniors who wish to participate in the activities at the **Hugh A. Doyle Senior Center**. The **Park Passport** is valid from January through December.

**Requirements.** The **Park Passport** requires photo identification and proof of residency. Proof of residency is 2 permanent items that show applicants name and address, i.e. driver’s license, vehicle registration, utility bill, tax statement lease, and or rent receipt.

**Fees.** The fee for a **Senior Resident** aged 62 plus is **\$40.00** for a **5-year** card.

**Contact.** For more information and application: **The New Rochelle Parks and Recreation Department**. City Hall 515 North Avenue, **914–654–2087**.

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## **Hugh A. Doyle Senior Center**

**Hugh Doyle Center 94 Davis Avenue New Rochelle, 914–235–2363**

The multi-services Center is open Monday through Friday from 8:30 am to 4:30 p.m. Programs include a full range of social, educational, and recreational activities. Classes are offered in the following areas: Arts and crafts, choral singing, dancing, exercise, gardening, painting, clay arts, card playing. The Senior Center also offers games such as mah-jongg, bingo, and pool. Professional speakers lecture on various topics in the areas of health, consumerism, and nutrition.

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## \*Senior Passports

**JCC of Mid–Westchester for all events.** Senior Passports are available for seniors 65 and older attending our daytime programs.

Senior Passports are available for purchase as follows:

- \$180 for a gold 10 month Passport (Sept-June)
- \$150 for a silver 7 month passport (Sept-Nov & Mar-June)
- \$15 per day-time “FILM” for non passport holders
- \$8 per day-time program for non passport holders
- \$10 per day-time Sunday programs for non-passport holders

Senior Passports can be purchased online at [www.jccmw.org/adults/senior-connections/](http://www.jccmw.org/adults/senior-connections/) or by calling the Wilmot JCC front desk at 914–472–3300.

Passports are non–transferable. **For the WJC, the fee is \$15 per day time program for non–passport holders.** All ticket sales are final and payable in one or two installments. **For more information, please contact Phyllis Kelly at 914.472.3300 ext. 423 or [kellyp@jccmw.org](mailto:kellyp@jccmw.org)**

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## Westchester County Office for Women

**Robin Schlaff, Director.** 112 East Post Road, Room 110B, White Plains

**Providing Services:** Domestic Violence Council, Hispanic Outreach, Women’s Advisory Board

Hotline/Helpline 914–995–5972

Spanish Speaking, White Plains 914–995–6581

After Hours and Weekends 914–995–2099

For more information about programs and services visit <http://westchestergov.com/women>

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## Westchester County Family Justice Center

Room 1–150 Courthouse Annex. 111 Dr. Martin Luther King, Jr. Blvd., White Plains

Open Monday – Friday, 9 AM to 4:30 PM 914–995–3100

**Free, confidential services for victims of Domestic, Partner and Dating Violence, Sexual Assault, Stalking and Elder Abuse.** Spanish and multi–language interpretation available. Walk–ins welcome.