



CALENDAR FOR DECEMBER

PLEASE JOIN US

New Rochelle Cares Holiday Party

On Wednesday, Dec 21 from 12:30 – 3 pm

At X20, 71 Water Grant Street, Yonkers

RSVP: arleen@newrochellecares.org or 914-563-8368

by 5pm, Monday, December 19

There is no charge for this event.

SAVE THE DATE

New Rochelle Cares Monthly Luncheon

On Thursday, Jan 19 from 12:30 – 3 pm

Location to be determined

COMMUNITY EVENTS

Mondays, December 5, 12, 19, 26 **Balance, Centering & Dance w/Asmara**
10:30 AM – 11:30 AM **Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle**

Mondays, December 5, 12, 19, 26 **Card Games in The Game Room**
12:30 PM – 3:30 PM **Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle**
Call (914) 235-4377 to reserve a table for 4 or 5 people.

Mondays, December 5, 12, 19, 26 **Qi Gong/Tai Chi w/Avra Blieden**
1 PM – 2 PM **Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle**

Mondays, December 5, 12, 19 **“Movies for Grown-ups”**
1 PM **Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle**
Shown on our big screen TV. Suggested donation: \$1 Lunch reservation is required;
Call (914) 235-6447;

Dec 5 ELF with Will Ferrell & James Caan Running time 1h 37m PG

Dec 12 How the Grinch Stole Christmas with Jim Carrey Running time 1h 44m PG

Dec 19 A Christmas Story with Peter Billingsley Running time 1h 33m PG



Mondays, December 5, 12, 19 Chair Yoga

12:30 PM – 1:30 PM New Rochelle Public Library, 1 Library Plaza, New Rochelle

Conquer stress and fatigue, and bring renewed energy and focus to your day with a gentle yet invigorating session of chair yoga. No need to change clothing or lie on a mat.

Free. Space is limited. First come. First served. Instructor: Mildred Gladwin

Monday, December 5, 19 Introduction to Microsoft Word

5 PM – 6:30 PM New Rochelle Library, 1 Library Plaza, New Rochelle, Computer Lab, 3rd Floor

Learn how to create a simple document, edit and format text, correct spelling, adjust margins, save, print and open files in Microsoft Word. Free, but registration is required, and space is limited. To register, call (914) 813-3737 or stop by the Reference Desk on the 2nd floor.



Tuesdays, December 6, 13, 20, 27 Senior Exercise w/James Robinson

10:30 AM – 11:30 AM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle

Tuesdays, December 6, 13, 20, 27 Bingo After Lunch

12:30 PM – 2:30 PM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle

Call (914) 235-6447. Disposable cards only; Markers \$2; Lunch participants only.

Tuesdays, December 6, 13, 20, 27

8 AM – 10 AM Mall Walking at “The Westchester”

Tuesdays, Dec 6, 13

10 AM – 12 PM New Rochelle Library, 1 Library Plaza, New Rochelle, Meeting Room, 1st Fl

Professional knitter, Esther Sussner, is holding drop-in open workshops for knitters of all levels, from beginner to advanced. Participants should come with patterns, wool and needles; the instructor will be available to offer individual assistance during the workshop. Feel free to bring your work in progress. Supplies will be provided for absolute beginners.

FREE. Registration is suggested. [Register online](#) or call (914) 813-3706





Wednesday, Dec 7

6 PM departure from the Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle Supper Club; Monroe College Dining Lab. Reservation (914) 235-2364
Dinner: \$30-\$40 cash based on order; Van fee: \$5

Wednesdays, Dec 7, 14, 21 Chair Yoga -

1 PM – 2 PM New Rochelle Library, 1 Library Plaza, New Rochelle, Meeting Room, 1st Fl
Conquer stress and fatigue, and bring renewed energy and focus to your day with a gentle yet invigorating session of chair yoga. No need to change clothing or lie on a mat. **Free.**
Space is limited. First come. First served. Instructor: Erica Itzkowitz

Wednesdays, December 7, 14, 21, 28 Stay Strong & Fit w/Offutt Porter

10:45 AM – 11:45 AM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle

Wednesdays, December 7, 14, 21, 28 Card Games, Scrabble & Mah Jongg

12:30 PM – 3:30 PM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle
Call (914) 235-4377 to reserve a table for 4 or 5 people.

Wednesday, December 14 Holiday Sing-A-Long with Eric

1 PM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle



Thursday, December 1

10 AM -- 11:15 AM New Rochelle Public Library, 1 Library Plaza, New Rochelle, 1st Fl

For the holidays - learn how to make a pop-up Christmas tree, a dreidel that moves or pop-up candles for Kwanzaa and Diwali. Easy to follow instructions and materials provided.

Contact Info: Angela Taylor, (914) 813-3706

Thursdays, Dec 1, 15

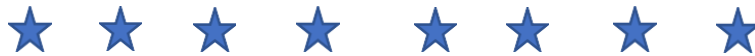
6 PM – 7:30 PM New Rochelle Public Library, 1 Library Plaza, New Rochelle

Gentle Yoga class with Breathing (Pranayama) and Movement (Asana) followed by a 45-minute Artistic Meditation (Pratyahra) with specific creative exercises including writing prompts, vision collage and mandala coloring. Instructor: Angela Taylor
Space is limited. Advance registration required. [Register online](#) or by calling (914) 813-3706.



Thursdays, December 1, 8, 15, 22, 29 Dancercise with Linda
10:30 AM – 11:30 AM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle
Call (914) 235-6447. You must order lunch in order to participate in a class.

Thursdays, December 1, 8, 15, 22, 29
8 AM – 10 AM Mall Walking at “The Westchester”



Friday – Saturday, December 2 and 3

9 AM – 3 PM New Rochelle Public Library, 1 Library Plaza, New Rochelle
Friends of NRPL Holiday Book Sale. Browse and purchase gently-used hardcover and paperback books of every genre—including best sellers, children’s books, gift-quality books, and more! See what bargain treasures you can find to bring home or gift to someone.

Fridays, December 2, 9, 16, 23, 30, January 6, 13, 20

9:30 AM – 10:30 AM New Rochelle Public Library, 1 Library Plaza, New Rochelle
Westchester Breathes - This is an **ONLINE** program. [Register online](#) or email outreach@wlsmail.org.

Participate **ONLINE** in a program of gentle movement, breathing and relaxation exercises that reduce the experience of stress and anxiety. Come to this program to learn simple, proven exercises that can have a positive impact on your health and well-being.

Fridays, December 2, 9, 16, 23, 30 Chair Yoga with Gina

10:30 AM – 11:30 AM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle
Call (914) 235-6447. You must order lunch in order to participate in a class.

Fridays, December 2, 9, 16, 23, 30 Bingo After Lunch

12:30 PM – 2:30 PM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle
Call (914) 235-6447. Disposable cards only; Markers \$2; Lunch participants only.

Fridays, December 2, 9, 16, 23, 30 Card Games and Scrabble in The Game Room

12:30 PM – 3:30 PM Hugh A Doyle Senior Center, 94 Davis Avenue, New Rochelle
Call (914) 235-4377 to reserve a table for 4 or 5 people.



Friday, December 2 The Harlem Blues and Jazz Band

7 PM – 8 PM New Rochelle Public Library, 1 Library Plaza, New Rochelle, Ossie Davis Theater

Founded in 1973 by Dr. Albert Vollmer, he chose the best sidemen of the 30's and 40's who played with such bands as: Louis Armstrong, Cab Calloway, Duke Ellington, Fats Waller, Lionel Hampton, Benny Carter and others. The Harlem Blues and Jazz Band has been coined as "The Best that America has to offer".

Email: libraryevents@nrpl.org Call (914) 813-3706



Saturday, December 3

1 PM – 4 PM New Rochelle Public Library, 1 Library Plaza, New Rochelle, Ossie Davis Theater

New Rochelle librarian and film historian Chris Poggiali will introduce and discuss two films directed by actress and pioneering independent filmmaker Ida Lupino.

Registration is requested. [Register online](#) or call (914) 813-3706.

1:00 PM *OUTRAGE* (1950) starring Mala Powers, Tod Andrews

A young woman, recently engaged, must put her life back together after she is assaulted. (75 mins)

2:30PM *HARD, FAST AND BEAUTIFUL!* (1951) starring Claire Trevor, Sally

Forrest A tennis prodigy is torn between love and her domineering mother's ambitions for her sports career. (78 mins)

Saturday, December 10

10 AM – 4:30 PM New Rochelle Library, 1 Library Plaza, New Rochelle, Main Lobby

NRAA Holiday Market, The New Rochelle Art Association will host a holiday market in the lobby featuring local artists' artwork and crafts available for purchase





Sunday, December 11

2 PM – 4 PM New Rochelle Public Library, 1 Library Plaza, New Rochelle, Ossie Davis Theater

New Rochelle Plays Hollywood: *Edge of the City* (1957) Starring Sidney Poitier, John Cassevetes, Jack Warden, and Ruby Dee. Directed by Martin Ritt (85 min) Join us for our new film series featuring Classic Movies at the New Rochelle Public Library. This is the last film in our series called "New York, New York" which featured classic movies that take place in New York City. The session will open with comments on the history of the film and its creative personnel with a discussion period following the screening. **Registration is suggested.** [Register online](#) or call (914) 813-3706.

Sunday, December 25

11 AM – 4 PM JCCMW, 999 Wilmot Road, Scarsdale

Fiddler on the Roof Film and Chinese Food Lunch What else would Jews plan for X-mas Day? Join us to participate in the community-wide showing of *Fiddler on the Roof* and Chinese food lunch. Bring your best Tevye or Yenta, and discuss what it was like to be in Anatevka around the turn of the century. Fee: \$25 Questions? (914) 725-7300



FOR YOUR INFORMATION

New Rochelle Public Library Calendar

[Click for New Rochelle Library Calendar](#)

Hugh A. Doyle Senior Center, 94 Davis Avenue New Rochelle, 914–235–2363

The multi-services Center is open Monday through Friday from 8:30 am to 4:30 p.m. Programs include a full range of social, educational, and recreational activities. Classes are offered in the following areas: Arts and crafts, choral singing, dancing, exercise, gardening, painting, clay arts, card playing. The Senior Center also offers games such as mah-jongg, bingo, and pool. Professional speakers lecture on various topics in the areas of health, consumerism, and nutrition.

Classes at the JCC In order to participate in regular classes at the JCC, it is best if you purchase an Annual Pass. **JCC Annual Adult Program Pass (APP) (\$360)** provides unlimited admission to all adult programs. The **APP+ (\$1080)** includes wellness classes and the **APP+Snowbird (\$550)** allows the member to join for 6 months of the year. If you want to



try a free adult program and a free wellness class before purchasing an **APP** or **APP+**, please contact Jacob at nurickj@jccmw.org to sign up. And if you look at their calendar and are interested in a few programs, speak with Jacob about a more limited **APP**. Here is a link to their calendar: [JCCMW Calendar](#)

New Rochelle Park Passport This is New Rochelle Parks & Recreation's photo identification card. With the **Park Passport**, individuals enjoy free parking at Hudson Park, Five Islands Park, Davenport Park, Cameron Dock, Sharkey Park, and Neptune Park. It is also required for those seniors who wish to participate in the activities at the Hugh A. Doyle Senior Center. The **Park Passport** is valid for one year from date of purchase.

Requirements: To obtain a **Park Passport**, photo identification is required, along with two permanent items that include name and address, i.e. driver's license, vehicle registration, utility bill, tax statement, lease, or rent receipt.

Fees: The fee for a Senior Resident aged 62 plus is \$40.00 for a 5-year card

Contact. For more information and application: The New Rochelle Parks and Recreation Department. City Hall, 515 North Avenue, 914-654-2087

The Mall Walking Club meets every **Tuesdays and Fridays, from 8 a.m. to 10 a.m.** at The Westchester in White Plains. It's a great way to enjoy the benefits of walking, no matter what the weather outdoors. To join, sign up at the horse fountain on Retail Level 2 (located between Crate & Barrel and Urban Outfitters) on Tuesday and Friday mornings during the program.

Admission and parking* are free for all registered members of the mall walk program.

*Registered Mall Walkers enjoy free parking from 8 a.m. - noon on Tuesdays and 8 a.m. - 11 a.m. on Fridays. (Participants must sign-up each time you attend for free parking.) For more information, call (914) 231-4645.